



LUNCH MENU



2301 Neuse Blvd
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theflamecatering.com

CATERING &
BANQUET CENTER

TACO AND FAJITA BAR

Grilled Chicken Strips with Peppers and Onions

Seasoned Angus Ground Beef

Spanish Rice or Cilantro Rice

Pinto Beans or Black Bean Dip

Taco Shells, Flour Tortillas, Tri-Colored Chips,

Chopped Tomatoes, Diced Onions,

Chopped Romaine Lettuce

Shredded Cheddar Cheese, Sour Cream,

Guacamole, and Salsa

Freshly Baked Cookies, Brownies, or Cinnamon Churros

Regular and Decaffeinated Classic Coffee

Sweet and Un-Sweet Tea, Water



**ALL PRICES ARE SUBJECT TO CURRENT SALES TAX, A 20% SERVICE CHARGE
AND 10% OFF-SITE VENUE FEE. TRAVEL FEE MAY APPLY**

DESIGN A DELI BUFFET

CHOOSE THREE

Roast Beef
Turkey Breast
Honey Smoked Ham
Genoa Salami
Corned Beef

CHOOSE TWO

Cheddar
Swiss
Monterey Jack
Provolone

CHOOSE TWO

Pasta Salad
Italian Pasta Salad
Mustard Potato Salad
Broccoli Salad
Dill Redskin Potato Salad
Macaroni Salad
The Flame's Mixed Green Garden Salad
Cucumber & Tomato Salad

Includes Breads, Condiments, and Dessert of Freshly Baked Cookies or Brownies
Regular and Decaffeinated Classic Gourmet Coffee, Sweet and Un-sweet Tea, Water

**Add Chef Smoke's Shrimp Bisque Soup, Hearty Vegetable Soup
or Chicken Noodle Soup**



LUNCH BUFFET

Buffet Includes The Flame's Rolls with Whipped Margarine

CHOOSE ONE SALAD

Fresh Mixed Green Garden Salad with Grape Tomatoes and Sliced Cucumbers

Caesar Salad

Apple Salad

Spinach Salad

Italian Salad

Argula Salad

CHOOSE TWO OR THREE ENTREES

Southern Fried Chicken

Southern Baked Chicken

Grilled Pork Tenderloin Medallions with Hunters Sauce

Grilled Salmon with Lemon Beurre

Blanc Sauce or Bourbon Glaze

Beer Battered Fried Shrimp

Beef Tips in a Bourguignonne Sauce with Mushrooms

Farmer's Market Vegetable Baked Ziti

Tuscan Style Lasagna Prime Angus Ground Beef, Fresh Mozzarella and Chopped Tomatoes

Chicken Supreme with Smoked Bacon, Mozzarella Cheese and Mushrooms over Rice Pilaf

Chicken Carbonara Served in a Creamy White Wine Sauce with Chopped Bacon, Garlic & Fresh Parmesan

Farmer's Market Vegetable Lasagna



CHOOSE TWO VEGETABLES AND ONE STARCH

VEGETABLES

Green Beans

Honey-Glazed Baby Carrots

Roasted Vegetable Medley

Broccoli, Cauliflower, Carrots

Buttered Corn

STARCH

Roasted Redskin Potatoes

Mashed Potatoes or Cheesy Garlic

Asiago Scalloped Potatoes

Wild Rice Pilaf

Yellow Chire Rice

CHOOSE ONE DESSERT

Strawberry Shortcake

Lemon Cake

Pineapple Cake

Double Chocolate Cake

Carrot Cake

Praline Bread Pudding

Marble Cake

Classic Yellow Cake

Red Velvet Cake

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SEATED LUNCHEON

**All selections are accompanied by
The Flame's Rolls with Whipped Margarine,
Choice of Salad, Fresh Vegetables,
Homemade Starch and Specialty Dessert
Sweet and Unsweetened Tea, Water
Regular and Decaffeinated Gourmet Coffee**

Mahi-Mahi with Mango Pomegranate Sauce

Roasted Chicken with Thyme Jus

Roasted Medallions of Beef with Mushroom Brandy Sauce

Chicken Cordon Bleu Made with Ham and Swiss Cheese



Rolled Chicken Breast Stuffed with Andouille and Smoked Gouda

Braised Short Ribs

Grilled Shrimp Classico with Fresh Basil and Tomatoes in a Garlic-Butter Sauce

Bourbon Pork with Caramelized Bourbon Apple Chutney

Chicken Supreme with Smoked Bacon, Mozzarella Cheese and Mushroom

Roasted Chicken Stuffed with Spinach Mushroom Risotto with Garlic Lemon Sauce

Add Chef Smoke's Shrimp Bisque Soup

Combination Plates Available Upon Request. Please Call for a Custom Proposal

Vegetarian/Vegan Options Available Upon Request

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BOXED LUNCHES

SELECTION OF SANDWICHES

Chicken Salad Croissant with Lettuce and Tomatoes

Croissant Club with Thinly Shaved Fresh Turkey, Ham and Swiss Cheese stacked with Lettuce and Tomatoes

Deli Stack with Salami, Ham, Provolone Cheese, Sliced Tomatoes & Lettuce

Classic Hoagie with Cured Ham, Provolone Cheese, Sliced Tomatoes, Yellow Peppers and Shredded Lettuce with Olive Oil and Basil Dressing

Classic Italian with Pepperoni, Salami, and Sliced Ham with Provolone Cheese and Red Onions on Soft Italian Bread

Pita Wrap with Grilled Chicken, Pesto and Olive Oil, Sliced Tomatoes and Swiss Cheese

Sliced Ham, Herb Cream Cheese or Swiss Cheese and Spinach Leaf on Italian Style Focaccia Bread or Wrap

Smoked Turkey and Havarti Cheese or Sun Dried Tomatoes cheese Filling on Italian Style Focaccia Bread or Wrap

Roast Beef Sandwich with Swiss Cheese on Ciabatta Bread

Triple Decker Classic Club on Whole Wheat Bread (Ham, Turkey, and Bacon)

Thick Carved Turkey with a Cranberry Relish on Multigrain Bread

Turkey and Bacon Club with Cheddar Cheese

Caesar Salad

Chinese Chicken Salad

Grilled Vegetable Wrap

Avocado, Lettuce, and Tomatoes on Toast

EACH SANDWICH INCLUDES

Herb Pasta Salad, Potato Salad or Fresh Cut Fruit Salad

Bag of Potato Chips

Freshly Baked Cookies

Mustard and Mayonnaise

Sweet and Unsweet Tea or Bottled Water

*** Add Soup**



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