

# Lunch Menu



CATERING &  
BANQUET CENTER

PHONE 252.633.1193

2301 NEUSE BLVD NEW BERN, NC 28560



## The Salad Bar 13.95

### Starters

- Fresh Fruit Salad Topped with Berries
- Rainbow Pasta Salad with Balsamic Vinaigrette
- Assorted Crackers
- Mixed Green Garden Salad
- Fresh Caesar Salad with Caesar Dressing, Croutons and Parmesan Cheese



### Toppings

- Cheddar and Mozzarella Cheese
- Bacon Bites
- Sliced Hard Boiled Eggs
- Chopped Tomatoes
- Onions
- Cucumbers
- Sliced Mushrooms
- Sunflower Seeds
- Homemade Fresh Seasoned Croutons

### Dressings

- Ranch & Italian

### Sweets

- Freshly Baked Chocolate Chip and Macadamia Nut Cookies

### Beverages

- Regular & Decaffeinated Classic Gourmet Coffee
- Sweet and Un-Sweet Tea, Water

Add Chef Smoke's Famous Shrimp Bisque \$2.00 per person

## Taco and Fajita Bar 12.95

- Grilled Chicken Strips with Peppers and Onions
- Seasoned Angus Ground Beef
- Black Bean Dip and Spanish Rice
- Taco Shells, Flour Tortillas, Tri-Colored Chips
- Chopped Tomatoes, Diced Onions, Chopped Romaine Lettuce
- Shredded Cheddar Cheese, Sour Cream, Guacamole, and Salsa



Freshly Baked Cookies or Brownies

Regular and Decaffeinated Classic Gourmet Coffee, Sweet and Un-Sweet Tea, Water

ALL PRICES ARE SUBJECT TO CURRENT SALES TAX AND A 20% SERVICE CHARGE  
TRAVEL FEE MAY APPLY



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## Design a Deli Buffet 12.95



### Choose Three

- Roast Beef
- Turkey Breast
- Honey Smoked Ham
- Genoa Salami
- Corned Beef
- Pastrami

### Choose Two

- Cheddar
- Swiss
- Monterey Jack
- Provolone

### Choose Two

- Pasta Salad
- Italian Pasta Salad
- Mustard Potato Salad
- Pesto Tortellini
- Dill Redskin Potato Salad
- Macaroni Salad
- The Flame's Tossed Salad



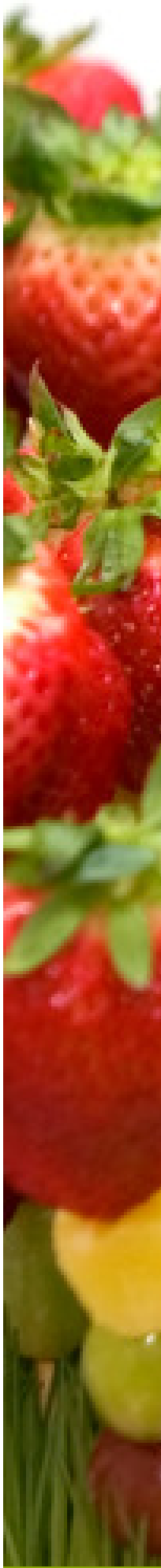
Includes Breads, Condiments, and Dessert of Freshly Baked Cookies or Brownies  
 Regular and Decaffeinated Classic Gourmet Coffee, Sweet and Un-sweet Tea,  
 Water

**Add Chef Smoke's Shrimp Bisque Soup, Hearty Vegetable Soup or Chicken  
 Noodle Soup 2.00 per person**

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# Lunch Buffet

Two Entree: 16.95 / Three Entree: 18.95



Buffet Includes The Flame's Rolls with Whipped Margarine

## Choose One Salad

- Fresh Mixed Green Garden Salad with Grape Tomatoes and Sliced Cucumbers
- Caesar Salad
- Fruit Salad with Pineapple, Cantaloupe, Honeydew and Grapes

## Choose Two or Three Entrees

- Grilled Salmon with Lemon Beurre Blanc Sauce
- Asian Flank Steak over Egg Noodles
- Grilled Pork Tenderloin Medallions with Hunters Sauce
- Southern Fried Chicken
- Southern Baked Chicken
- Beef Tips in a Bourguignonne Sauce with Mushrooms
- Beer Battered Fried Shrimp
- Vegetables Baked Ziti
- Herb Chicken Penne Alfredo with Fresh Steamed Vegetables
- Classic Chicken Parmesan with Fresh Mozzarella
- Tuscan Style Lasagna Prime Angus Ground Beef, Fresh Mozzarella and Chopped Tomatoes
- Chicken Supreme with Smoked Bacon, Mozzarella Cheese and Mushrooms over Rice Pilaf
- Chicken Roma Stuffed with Spinach, Mushrooms, Pine Nuts, and Mozzarella with Sun Dried Tomato Cream Sauce
- Chicken Carbonara Served in a Creamy White Wine Sauce with Chopped Bacon, Garlic and Fresh Parmesan



## Choose Two Vegetables and One Starch

### Vegetables

- Green Beans
- Honey-Glazed Baby Carrots
- Roasted Vegetable Medley
- Broccoli, Cauliflower, Carrots
- Buttered Corn

### Starch

- Roasted Redskin Potatoes
- Cheesy Garlic Mashed Potatoes
- Asiago Scalloped Potatoes
- Wild Rice Pilaf
- Spanish Rice

## Choose One Dessert

- |                      |                       |                     |
|----------------------|-----------------------|---------------------|
| Strawberry Shortcake | Double Chocolate Cake | Marble Cake         |
| Lemon Cake           | Carrot Cake           | Classic Yellow Cake |
| Pineapple Cake       | Praline Bread Pudding | Red Velvet Cake     |

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## Seated Luncheon 16.95

All selections are accompanied by Chef's complimentary Fresh Vegetables and Starch, The Flame's Rolls with Whipped Margarine, Choice of Garden Salad and Specialty Dessert

Regular and Decaffeinated Classic Gourmet Coffee, Sweet and Unsweetened Tea, Water

Mahi-Mahi with Mango Pomegranate Sauce

Roasted Chicken with Thyme Jus

Roasted Medallions of Beef with Mushroom Brandy Sauce

Chicken Cordon Bleu Made with Ham and Swiss Cheese

Rolled Chicken Breast Stuffed with Andouille and Smoked Gouda

Beef Tips served in a Puff Pastry Shell with a Button Mushroom Sauce

Grilled Shrimp Classico with Fresh Basil and Tomatoes in a Garlic-Butter Sauce

Bourbon Pork with Caramelized Bourbon Apple Chutney

Chicken Supreme with Smoked Bacon, Mozzarella Cheese and Mushroom

Roasted Chicken Stuffed with Spinach Mushroom Risotto with Garlic Lemon Sauce

Chicken Roma with Spinach, Mozzarella and Sun Dried Tomato Cream Sauce



Add Chef Smoke's Shrimp Bisque Soup 2.00 per person

Combination Plates Available Upon Request. Please Call for a Custom Proposal

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## Boxed Lunches 10.95

### Selection of Sandwiches

Walnut Chicken Salad Croissant with Lettuce and Tomatoes

Croissant Club with Thinly Shaved Fresh Turkey, Ham and Swiss Cheese stacked with Lettuce and Tomatoes

Deli Stack with Salami, Ham, Provolone Cheese, Sliced Tomatoes

Classic Hoagie with Cured Ham, Provolone Cheese, Sliced Tomatoes, Yellow Peppers and Shredded Lettuce with Olive Oil and Basil Dressing

Classic Italian with Pepperoni, Salami, and Sliced Ham with Provolone Cheese and Red Onions on Soft Italian Bread

Chicken and Portobello Mushroom Sandwich with Swiss Cheese, Lettuce and Tomatoes on a Hoagie Roll



Pita Wrap with Grilled Chicken, Pesto and Olive Oil, Sliced Tomatoes and Swiss Cheese

Sliced Ham, Herb Cream Cheese, Swiss Cheese and Spinach Leaf on Italian Style Foccia Bread

Smoked Turkey and Havarti Cheese with Sun Dried Tomatoes cheese Filling on Italian Style Foccia Bread

Roast Beef Sandwich with Swiss Cheese on Ciabatta Bread

Triple Decker Classic Club on Whole Wheat Bread

Thick Carved Turkey with a Cranberry Relish on Multigrain Bread

#### Each Sandwich Includes

Herb Pasta Salad, Potato Salad or Fresh Cut Fruit Salad

Bag of Potato Chips

Freshly Baked Cookies

Mustard and Mayonnaise

Sweet and Unsweet Tea

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